



Sheldon Kannegiesser

Defenceman Sheldon Kannegiesser played nearly 400 NHL regular season games for four teams in the 1970s – Pittsburgh Penguins, New York Rangers, Los Angeles Kings and Vancouver Canucks. He was considered reliable in his own end and capable of finding his forwards with crisp passes on the attack.

Born in North Bay, Ontario, Sheldon played two seasons with the OHA's Kitchener Rangers including one with his older brother, Gord. He played his first two pro seasons in the minors with the CHL's Omaha Knights and the Buffalo Bisons of the AHL. In January 1971 he and Syl Apps Jr. were traded by the New York Rangers to the Pittsburgh Penguins for agitating forward Glen Sather. He was a useful role player for the Pens but was soon re-acquired by the Rangers.

Sheldon played his best hockey in the NHL after he and Mike Murphy were dealt by the Blueshirts to the L.A. Kings early in the 1973-74 season. He was a regular on the Kings' blueline for three seasons including the club's franchise-record 105-point performance in 1974-75. In 1977-78 he was traded to the Vancouver Canucks where he played 42 games before retiring.

Kannegiesser has recently written a book of hockey ballads called "Warriors of Winter". Every hockey fan will want to read Sheldon's insights into the game of hockey written in his unique style, often humorous and thought-provoking.

Sheldon did not always endear himself to his teammates by being an outspoken proponent of Christianity – one of the first Christians in the NHL to make his faith known. Some of Sheldon's poems speak to his faith in God and he is also writing a second book called "Cut to the Core" which deals with more spiritual issues.

