

Pat Hentgen

Pat has his name all over the record books of the Toronto Blue Jays. Start with winning the American League Cy Young Award in 1996 with a 20-10 record. He also won the World Series with the team in 1992 and 1993. And he was a 3-time All-Star in 1993, 1994 and 1997.

Hentgen began his career in Toronto in 1991 and pitched for the franchise for 10 seasons. Over that time, he 107 games while losing only 85. After the 1999 season, he was traded to the St, Louis Cardinals for the 2000 season when he posted 15 victories and appeared in the National League Championship Series in his only season in the NL. He then returned to the AL by signing as a free agent with the Baltimore Orioles where he played from 2001 to 2003 and recorded another 10 victories. Pat then returned to the place where his career started, Toronto, for one final season in 2004.

Pat's success followed a formula which pitching coaches love – throw strikes. He challenged hitters with his fastball early in the count to get ahead and set up the strikeout.

In 2011, Pat rejoined the organization as bullpen coach. In 2012, he stepped down to spend more time with his family and then returned to the role again in 2013.

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