



Rodney Hampton

Rodney is one of the all-time great New York Giants having played for the team from 1990 to 1997. Of course, he won Super Bowl XXV with the team during that time.

Rodney was drafted by the Giants in the first round in 1990 out of the University of Georgia. He was a team captain and starting running back and twice was named to the Pro Bowl, in 1992 and 1993. For five consecutive seasons Rodney rushed for more than 1,000 yards and upon his retirement was the Giants all-time leading rusher with 6,897 yards making him in the Top 50 in NFL history. Yet because of his quiet demeanor and modest nature, he seldom received the acclaim he deserved. But that's okay with Rodney as there is more to him than football.

Today, Hampton implements the same drive he used to gain yards and score touchdowns to positively change lives, both physically and emotionally. Since his retirement, he has been involved in several ventures. He has long been active in the community in Houston, his hometown.

With his parents and four siblings he co-founded his own foundation to implement self-esteem and career readiness programs for youngsters in Houston schools and provide positive influences and activities for boys and girls. He later founded an affordable instructional football camp for inner-city youth.

Rodney Hampton is tough on the outside, crashing through blockers, but has a heart of gold beating on the inside. Have Rodney share of his passion for helping others, especially children, with your group.

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