



Milt Stegall

Milt Stegall is the Canadian Football League's all-time leading receiver in receiving touchdowns (144) and was the all-time leader career yardage (15,153) at the time of his retirement. He also holds the CFL record for most touchdowns scored (147).

After three seasons with the NFL's Cincinnati Bengals, Milt entered the CFL in 1995 and played 14 seasons with the Winnipeg Blue Bombers as a receiver. Before announcing his retirement at the end of the 2008 season, he was recognized as a nine-time CFL All-Star (1997, 2000-2007), named the league's Most Outstanding Player in 2002, and identified as one of the Top 50 (#15) CFL Players of the Modern Era by TSN (ESPN) in 2006.

Stegall attended Miami University, where he was a four-year football letterman from 1988 to 1991. Milt finished his Miami career with 106 receptions for 1,581 yards and eight touchdowns as a wide receiver. Because of his speed (he competed on Miami's track and field team where he holds the 3rd fastest 100 meter dash, 10.44 seconds, and 5th fastest 200 meter dash, 21.24 seconds) he was also a dynamic kick returner, setting a career record of 1,377 kick return yards which lasted until 2002.

Milt now serves as an analyst for TSN and makes appearances across the country as a motivational speaker. Successful in life and impactful at the podium, Milt's life is a testament that hard work, commitment and discipline drive success. Milt has focused much of his energy on sharing his philosophies on commitment, discipline, and success as a motivational speaker with the world. Drawing on his passion for success, he empowers corporate executives, non-profits, and youth, alike, to maximize their potential.

A media darling throughout his career, Milt leverages his signature charismatic delivery to encourage audiences to face fears and overcome obstacles as a first step toward achieving their goals and dreams.

Milt accepted Christ as his Saviour as a pre-teen and re-dedicated himself while a sophomore at college. In 2006, he was named the recipient of the Gord Barwell Award by the Athletes in Action for faith, character and leadership.

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