



## **Jude St. John**

For over a decade, Jude was a key leader on North America's oldest professional sports team, the Toronto Argonauts. He was named the Argos' Outstanding Lineman by the Toronto chapter of the FRC for 2005 and 2006 seasons, and has physically and emotionally embodied the spirit of teamwork, passion, leadership, and perseverance. Known for his sharp intelligence and captivating speaking style, this amiable and approachable gentle-giant combines his teaching background, his experience as a Offensive Lineman, and his interest in community involvement to produce a talk that's in demand with both education and business groups. Jude's Keynote presentations concern the lessons that football has taught him about life and the importance of recognizing priorities and learning from experiences.



St. John graduated from the University of Western Ontario with an honors bachelor degree in Physical Education, and a Bachelor of Education degree. Following an undefeated national championship season with the

University of Western Ontario, the Hamilton Tiger-Cats drafted Jude. He spent three years in Canada's "Steeltown", and then signed with the Toronto Argonauts. After ten grueling years of the CFL, Jude was thrilled to be a part of the 2004 Grey Cup Championship Team. In his 11 seasons with the Argos, St. John played 181 games, seventh-most in club history and third-most by a lineman.

Jude worked for many years as a school teacher at the secondary school level. His desire to serve God led him to be an apprentice pastor in 2013 at a church in London, ON and in early 2017 he was ordained as lead pastor of the church.

In addition to his presentations on leadership and perseverance, he has spoken to audiences about the negative impact of bullying and performance-enhancing drugs. He is an avid outdoorsman, and a dedicated husband and father to five children.

