



Jon Kolb

Jon Kolb has long been regarded as one of the best offensive linemen to ever put on a Pittsburgh Steelers uniform. He played for the Steelers from 1969 to 1981 and won four Super Bowl Championships with the team.

Kolb's status among the all-time greats became further set in stone recently when he was one of 33 former Steeler greats to be named to the Steelers All-Time team as part of the 75th season celebration. While fellow All-Time team selection Joe Greene was Hall of Fame coach Chuck Noll's first pick as Steelers head coach, a youngster out of Oklahoma State was his third pick that year.

While Kolb was never voted to a Pro Bowl, he was always considered one of the strongest players in the NFL over his 13-year career, which included four Super Bowl victories. In 1978 and 1979, he competed in the World's Strongest Man Competition and placed fourth each year.



Once his playing career ended, Jon became strength and conditioning coach for the Steelers. He now runs his own training facility and is an expert in health and fitness related issues. It's possible that Jon is in even better shape now than when he played and was seen as the strongest player in the NFL.



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