



Jim Jeffcoat

Jim Jeffcoat is one of many legends to have worn the silver and blue of the Dallas Cowboys. After an outstanding college career at Arizona State University, Jim was drafted in 1st round of the 1983 NFL by the Cowboys. He had 12 outstanding seasons in Dallas and recorded more than 10 sacks in 5 of them, regularly registering in the top 10 league leaders in the category.

In one remarkable game in 1985 versus the Washington Redskins, Jeffcoat recorded 11 tackles and sacked QB Joe Theismann 5 times. Even in the down years of the Cowboys in the late 1980's, Jim kept performing at the highest level. In 1989, he had 100 tackles, 42 QB pressures, 11.5 sacks and recovered 3 fumbles. That's a career for many defensive ends!

Fittingly, given all they Jim had given the team over the years, he was rewarded by winning the Super Bowl XXVII and XXVIII, both over the Buffalo Bills.

In a twist of fate, Jeffcoat joined those very same Bills beginning in 1995 after concluding his Dallas career without ever having missed a game in 12 seasons and finishing with 698 tackles, 94.5 sacks and 149 QB pressures. He was the franchises career sack leader at the time of his departure.

In Buffalo, his string of 224 consecutive games came to an end after being placed on Injured Reserve in 1997. After 3 seasons with the Bills, he retired with 102.5 sacks, good for a top-15 placing at the time of his retirement.

Following his playing career, Jim has coached for the Cowboys, the University of Houston, San Jose State and most recently with the University of Colorado. His son Jackson played two seasons for the Washington Redskins and now plays for the Winnipeg Blue Bombers of the Canadian Football League.

Jim has a very strong financial background and owns an insurance company. He is an exceptional motivational speaker and loves to hunt & fish. Hire Jim Jeffcoat to speak or interact with your organization.



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