



Bret Saberhagen

Bret debuted in MLB at the tender age of 19 and left the game at age 37. During that timeframe, he had many great seasons. Bret won the Cy Young Award at age 21 in 1985 when he went 20-6 with a 2.87 ERA for the Kansas City Royals. That same season, the Royals defeated the Cardinals in the World Series as Bret was winner of two games, both of them complete games, and posted an ERA of 0.50. Rarely has a pitcher been so good and he was rewarded by being named MVP of the 1985 World Series.

To prove that 1985 wasn't a fluke, Saberhagen again won the Cy Young Award in 1989 with an even better statistical season. He won 23 games against 6 losses, led the AL with a 2.16 ERA, 12 complete games and 262.1 innings pitched.

After 8 seasons in Kansas City, he was traded to the New York Mets for the 1992 season. He spent 3 and a half seasons in the Big Apple before being dealt to the Colorado Rockies for the back half of the 1995 season. After sitting out the 1996 season with injury, he returned to the majors with the Boston Red Sox where he spent four seasons until his retirement in 2001.

In addition to his Cy Young Awards and World Series MVP, Bret was also a 3-time All-Star (1987, 1990 and 1994), won a Gold Glove in 1990, was named the recipient of The Babe Ruth Award in 1985, threw a no-hitter against the White Sox in 1991 and was named AL Comeback Player of the Year in 1998. In 2005, Bret was inducted into the Kansas City Royals Hall of Fame.

Bret made the news again in 2013 when he decided to auction off his many and various awards and memorabilia that was gathering dust in a storage locker with proceeds going to a worthy cause. He liquidated his sports memorabilia in order to raise funds for The Bret Saberhagen Makes A Difference Foundation.

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